



# March 2018



## Pullman Christian Childcare Meal Menu

			1	<p><b>Breakfast</b> WGR Cheerios, Strawberries, Milk</p> <p><b>Lunch</b> Cheese Burger on a Bun, Potato Wedges, Peaches, Milk</p> <p><b>Afternoon Snack</b> Rolls, Applesauce, Water</p>	2	<p><b>Breakfast</b> Yogurt, Peaches, Milk</p> <p><b>Lunch</b> Chicken Salad Sandwich on WGR Bread, Carrots, Grapes, Milk</p> <p><b>Afternoon Snack</b> Cheese Cubes, Apples, Water</p>			
			5	<p><b>Breakfast</b> Hard Boiled Egg, Orange Slices, Milk</p> <p><b>Lunch</b> Macaroni &amp; Cheese, Turkey Dog, Peas, Honeydew, Milk</p> <p><b>Afternoon Snack</b> WGR Crackers, Apples, Water</p>	6	<p><b>Breakfast</b> Sausage, Hash browns, Milk</p> <p><b>Lunch</b> Chicken Fajitas on a WGR Tortilla, Bell Pepper Blend, Grapes, Milk</p> <p><b>Afternoon Snack</b> Broccoli &amp; Cucumbers, String Cheese, Water</p>	7	<p><b>Breakfast</b> Biscuit w/ Gravy, Bananas, Milk</p> <p><b>Lunch</b> WGR Pepperoni &amp; Cheese Pizza, Cauliflower, Pineapple, Milk</p> <p><b>Afternoon Snack</b> Cheese Cubes, Applesauce, Water</p>	8
12	<p><b>Breakfast</b> Egg Patty, Peaches, Milk</p> <p><b>Lunch</b> WGR Penne Pasta &amp; Meatballs w/ Marinara, Pea Pods, Cantaloupe, Milk</p> <p><b>Afternoon Snack</b> String Cheese, Applesauce, Water</p>	13	<p><b>Breakfast</b> WGR Pancakes, Strawberries, Milk</p> <p><b>Lunch</b> Tacos w/ Beef &amp; Cheese on a WGR Tortilla, Lettuce &amp; Tomatoes, Apples, Milk</p> <p><b>Afternoon Snack</b> Yogurt, Bananas, Water</p>	14	<p><b>Breakfast</b> WGR Toast, Pears, Milk</p> <p><b>Lunch</b> Teriyaki Chicken, WGR Brown Rice, Broccoli, Mandarin Oranges, Milk</p> <p><b>Afternoon Snack</b> Pretzels, Pea Pods &amp; Cucumbers, Water</p>	15	<p><b>Breakfast</b> Corn Chex, Bananas, Milk</p> <p><b>Lunch</b> Chicken Nuggets with WGR Breading, Carrots, Pineapple, Milk</p> <p><b>Afternoon Snack</b> Cheese Cubes, WGR Crackers, Water</p>	16	<p><b>Breakfast</b> Yogurt, Apples, Milk</p> <p><b>Lunch</b> Turkey &amp; Cheddar on WGR Bread, Cucumbers, Orange Slices, Milk</p> <p><b>Afternoon Snack</b> Hard Boiled Egg, Grapes, Water</p>

\*\* Whole Milk is served to children ages 12 – 24 months. Nonfat milk is served to children over 2.

WGR= Whole Grain Rich component

This institution is an equal opportunity provider.



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<p style="text-align: right;"><b>19</b></p> <p><b>Breakfast</b> WGR English Muffin, Bananas, Milk</p> <p><b>Lunch</b> Cheese Ravioli w/ Red Sauce &amp; Chicken, Carrot Blend, Pears, Milk</p> <p><b>Afternoon Snack</b> Pretzels, Turkey Slices, Water</p>	<p style="text-align: right;"><b>20</b></p> <p><b>Breakfast</b> Biscuit w/ Jam, Peaches, Milk</p> <p><b>Lunch</b> Cheese Quesadillas on a WGR Tortilla, Pea Pods, Mandarin Oranges, Milk</p> <p><b>Afternoon Snack</b> Yogurt, Strawberries, Water</p>	<p style="text-align: right;"><b>21</b></p> <p><b>Breakfast</b> WGR Bagel, Oranges, Milk</p> <p><b>Lunch</b> Beef &amp; Bean Taco Soup, Tortilla Triangles, Chuckwagon Veggies, Apples, Milk</p> <p><b>Afternoon Snack</b> Carrots &amp; Cucumbers, Cheese Cubes, Water</p>	<p style="text-align: right;"><b>22</b></p> <p><b>Breakfast</b> Kix Cereal, Applesauce, Milk</p> <p><b>Lunch</b> Chicken Burger w/ cheese on a Bun, Sweet Potato Fries, Grapes, Milk</p> <p><b>Afternoon Snack</b> WGR Crackers, Bananas, Water</p>	<p style="text-align: right;"><b>23</b></p> <p><b>Breakfast</b> WGR Waffles, Blueberries, Milk</p> <p><b>Lunch</b> Hot Ham and Cheese Roll, Cherry Tomatoes, Pineapple, Milk</p> <p><b>Afternoon Snack</b> Hard Boiled Egg, Carrots &amp; Cucumbers, Water</p>
<p style="text-align: right;"><b>26</b></p> <p><b>Breakfast</b> WGR Oatmeal, Bananas, Milk</p> <p><b>Lunch</b> Stir Fry Noodles with Chicken and Broccoli, Apples, Milk</p> <p><b>Afternoon Snack</b> Pretzels, Ham slices, Water</p>	<p style="text-align: right;"><b>27</b></p> <p><b>Breakfast</b> Cinnamon Raisin Toast, Pears, Milk</p> <p><b>Lunch</b> Bean and Cheese Burrito on a WGR Tortilla, Chuckwagon Veggies, Orange Slices, Milk</p> <p><b>Afternoon Snack</b> Yogurt, Blueberries, Water</p>	<p style="text-align: right;"><b>28</b></p> <p><b>Breakfast</b> Hard Boiled Egg, Bananas, Milk</p> <p><b>Lunch</b> Barbeque Chicken on a Bun, Coleslaw, Pineapple, Milk</p> <p><b>Afternoon Snack</b> WGR Crackers, Carrots &amp; Broccoli, Water</p>	<p style="text-align: right;"><b>29</b></p> <p><b>Breakfast</b> WGR Cheerios, Strawberries, Milk</p> <p><b>Lunch</b> Cheese Burger on a Bun, Potato Wedges, Peaches, Milk</p> <p><b>Afternoon Snack</b> Rolls, Applesauce, Water</p>	<p style="text-align: right;"><b>30</b></p> <p><b>Breakfast</b> Yogurt, Peaches, Milk</p> <p><b>Lunch</b> Chicken Salad Sandwich on WGR Bread, Carrots, Grapes, Milk</p> <p><b>Afternoon Snack</b> Cheese Cubes, Apples, Water</p>



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